Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

EMI Health: Educational Services, Inc. A 3000 3000 QHDHP 100%

Coverage for: Employee + Dependents | Plan Type: PPO

Coverage Period: 01/01/2023-12/31/2023

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please call 1-800-662-5851. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-662-5851 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	For <u>participating providers</u> : \$3,000 person / \$6,000 family for calendar year For <u>non-participating providers</u> : \$6,000 person / \$12,000 family for calendar year	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating providers: \$3,000 person / \$6,000 family For non-participating providers: \$10,000 person / \$20,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , balance-billed charges, health care this <u>plan</u> doesn't cover, certain <u>specialty pharmacy drugs</u> , and penalties for failure to obtain <u>preauthorization</u> for services	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.emihealth.com</u> or call 1-800-662-5851 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Do you need a <u>referral</u> to see a <u>specialist</u>?

No.

You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Co	ommon		What You Will Pay		Limitations, Exceptions, & Other Important
Medi	ical Event	Services You May Need	Participating <u>Provider</u> (You will pay the least)	Non-Participating Provider (You will pay the most)	Information
If you visit a		Primary care visit to treat an injury or illness	No charge after deductible	50% coinsurance	none
<u>provider's</u> o	office or clinic	<u>Specialist</u> visit	No charge after <u>deductible</u>	50% <u>coinsurance</u>	none
		Preventive care/screening/immunization	No charge; <u>deductible</u> does not apply	Not covered	Coverage is limited to one visit per Year for some services. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a	a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge after deductible/ office visit No charge after deductible/ outpatient visit No charge after deductible/ inpatient services	50% coinsurance	none
		Imaging (CT/PET scans, MRIs)	No charge after <u>deductible</u>	50% coinsurance	Requires preauthorization

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Participating Provider (You	Non-Participating Provider	Information	
		will pay the least)	(You will pay the most)	mormation	
If you need drugs to treat your illness or condition	Generic drugs	No charge after deductible prescription Retail No charge after deductible prescription Mail Order	Not covered	Up to a 30-day supply (retail prescription) per copay; 31-90 day supply (mail order prescription) per copay	
More information about prescription drug coverage is available at	Preferred brand drugs	No charge after deductible prescription Retail No charge after deductible prescription Mail Order	Not covered	Up to a 30-day supply (retail prescription) per copay; 31-90 day supply (mail order prescription) per copay	
www.emihealth.com.	Non-preferred brand drugs	No charge after deductible prescription Retail No charge after deductible prescription Mail Order	Not covered	Up to a 30-day supply (retail prescription) per copay; 31-90 day supply (mail order prescription) per copay	
	Specialty drugs	No charge after <u>deductible</u> prescription Mail Order	Not covered	Covers 31-90 day supply (mail order prescription) per <u>copay</u> . The cost of certain drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards your <u>out-of-pocket limit</u> . See http://emihealth.com/pdf/saveon.pdf for details.	
if you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge after deductible	50% coinsurance	Some procedures require preauthorization	
surgery	Physician/surgeon fees	No charge after deductible	50% coinsurance	none	
	Emergency room care	No charge after deductible	No charge after <u>deductible</u>	none	
If you need immediate medical attention	Emergency medical transportation	No charge after <u>deductible</u>	No charge after <u>deductible</u>	none	
	<u>Urgent care</u>	No charge after deductible	50% <u>coinsurance</u>	none	
If you have a hospital stay	Facility fee (e.g., hospital room) Physician/surgeon fee	No charge after deductible No charge after deductible	50% <u>coinsurance</u> 50% <u>coinsurance</u>	Requires <u>preauthorization</u> —none—	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No charge after deductible office visit and other outpatient services	50% <u>coinsurance</u>	Medications for substance abuse not covered	
Candianio anade dei vioca	Inpatient services	No charge after deductible	50% coinsurance	Requires <u>preauthorization</u>	

Common		What You Will Pay		Limitations Evacutions 9 Other Important
Medical Event	Services You May Need	Participating <u>Provider</u> (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Office visits	No charge after deductible	50% <u>coinsurance</u>	Cost sharing does not apply for preventive
If you are pregnant	Childbirth/delivery professional services	No charge after deductible	50% <u>coinsurance</u>	services. Depending on the type of services, a copayment or coinsurance may apply. Maternit care may include tests and services described
	Childbirth/delivery facility services	No charge after deductible	50% <u>coinsurance</u>	elsewhere in the SBC (i.e. ultrasound).
	Home health care	No charge after deductible	50% <u>coinsurance</u>	none
	Rehabilitation services	No charge after deductible	50% <u>coinsurance</u>	Coverage limited to 20 outpatient visits per injury/illness and 40 inpatient days per Year.
If you need help recovering	Habilitation services	Not covered	Not covered	N/A
or have other special health needs	Skilled nursing care	No charge after deductible	50% <u>coinsurance</u>	Coverage limited to 30 days per Year. Admission must be within 5 days of a discharge from Hospital Confinement.
	Durable medical equipment	No charge after deductible	50% <u>coinsurance</u>	Requires preauthorization
	Hospice services	No charge after deductible	50% <u>coinsurance</u>	none
	Children's ave exam	Routine: No charge; deductible does not apply	Routine: Not covered	Limited to one <u>preventive</u> visit per Year.
If your child needs dental or eye care	Children's eye exam	· · · · · · · · · · · · · · · · · · ·	Non-routine: 50% coinsurance	none
	Children's glasses	Not covered	Not covered	N/A
	Children's dental check-up	Not covered	Not covered	N/A

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Habilitation services
- Infertility treatment
 - Long-term care

- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Non-emergency care when traveling outside the U.S. Hearing aids

Routine eve care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-800-662-5851, your state insurance department, the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or www.cciio.cms.gov, or for plans subject to ERISA: the Department of Labor's Employee Benefits Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: EMI Health at 5101 South Commerce Drive, Murray Utah 84107, by phone at 801-662-5851 or toll free at 1-800-662-5851. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-44-EBSA (3272) or www.dol.gov/ebsa/healthreform. Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eliqible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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About these Coverage Examples:



This is not a cost estimator. Treaments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$3,000
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$3,000	
<u>Copayments</u>	\$0	
<u>Coinsurance</u>	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,060	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The <u>plan</u> 's overall <u>deductible</u>	\$3,000
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost \$5,600

In this example, Joe would pay:

#0.000		
40.000		
\$3,000		
\$0		
\$0		
What isn't covered		
\$70		
\$3,070		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$3,000
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$2,800
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800